



Report of the trustees for the year ended 31 December 2019

The Trustees of The Himalayan Trust UK (Charity Reg No 1000153) present their annual report and accounts for the year ended 31 December 2019 and confirm they comply with the duty in the Charities Act 2011 to have due regard to public benefit guidance published by the Commission.

The address of the principal office of the charity is 62 Riversdale Road, London N52JZ.

Trustees

As at the date of approval of this report, the Trustees were as follows:

Graham Wrigley (Chairman)
John Walton
Angus Macdonald
Debbie Eklund
Kate Keohane
Kate Wolstenholme
Michelle Hancock (appointed 7 November 2019)
Rebecca Stephens
Rupert Band
Sabian Phippen (appointed 7 November 2019)
Sasja McCann
Sue Leyden
Timothy Keyes

In addition, the following served as Trustees during the prior year:

Mary Lowe (resigned 23 May 2018)
Tom Rodd (resigned 23 May 2018)
Geoffrey Wolstenholme (resigned 10 December 2018)
Rob Cox (resigned 10 December 2018)

Sir Chris Bonington CBE is President of the Himalayan Trust UK, and Mary Lowe is Honorary 1953 Patron.

Governance

The Trust is governed through the Restated and Amended Trust Deed relating to the Himalayan Trust UK, dated 19 April 2006.

SUPPORTING THE MOUNTAIN PEOPLE OF NEPAL

President: Sir Christian Bonington CBE | **Chairman:** Graham Wrigley | **Deputy Chairman:** John Walton | **Honorary 1953 Patron:** Mary Lowe

E: enquiries@himalayantrust.co.uk | **www:** www.himalayantrust.co.uk

Charity No. 1000153



Objectives and activities

The Himalayan Trust UK has been working since 1989 to help the mountain people of Nepal. We strive to improve health and education in the mountainous regions of Northeastern Nepal, particularly in the Taplejung region.

We hold to the guiding principles laid down by Sir Edmund Hillary when he founded the first Himalayan Trust in 1960:

- To focus on basic infrastructure – education, health, environment
- To do only that which is requested by the mountain people
- To involve the mountain people themselves in the work – “self help”
- To minimise all unnecessary cost and to facilitate direct transfer of funds
- To look for long term sustainability and independence for the mountain people

Education:

In 2019 we increased our working area by introducing two more wards to the programme, Khewang and Mamankhe, taking the total number of schools in the programme to 35. This expansion of the programme is in conjunction with the Paul Samuel Memorial Project in Mamankhe.

We continued to focus on the training of Head Teachers, Key Teachers and Resource Teachers to strengthen the leadership teams in each of our schools. This has allowed teaching skills, monitoring processes and teaching material development to be passed down to all staff. These actions have combined to improve the quality of education delivered.

Teachers have also received specific subject training, along with appropriate teaching materials training in order to increase the learning achievement of their pupils. This has proved successful, year on year, to minimize and reduce the dropout rate of pupils.

A lot of focus has been placed on the responsibility of everybody - teachers, pupils, parents and the wider community - for the importance of the environment, sanitation, hygiene and child wellbeing. That focus has improved the competency of all in such matters.

Further encouragement has been given to pupils about to graduate from secondary school, to consider a much wider range of opportunities that a quality education can



provide. Worthy students, with family financial restraints, can apply for scholarships, allowing them to pursue further education. Whilst there is no obligation, we are very happy when those students, having qualified, return to their community to give something back.

In 2019 we embarked upon a pilot scheme whereby we provided thermos lunch boxes to all the children in Ikhabu Ward (approx. 600). Through educating the parents on the importance of a nutritious meal in the middle of the day, the children were able to have some food at lunchtime. The effect of this has been to improve concentration in the afternoons, maintain high levels of school attendance and improve academic attainment. As a result, we plan to roll out the programme throughout all the wards of our working area.

There has been a general and gradual improvement throughout the year in all schools and in all aspects of school life. There are still many challenges to be overcome, but schools are now better equipped to tackle these.

Health:

During 2019, the health team continued its work in Yamphudin ward of Sirijangha Rural Municipality, with two main emphases: to improve the health of local mothers and babies; and to ensure that the Yamphudin Health Post with Birthing Centre recently built by HTUK) functions optimally.

We completed two projects to improve the health of mothers and babies:

- Our community fund for maternity emergencies and referrals was used over the year. Local staff received extra training on how to administer the fund, based on monitoring and evaluation.
- We continued our scholarship programme for school leavers to train as Auxiliary Nurse Midwives. Recipients commit to work locally for several years after qualifying.

Work to support the new Health Post and Birthing Centre included helping set up, with furniture, equipment, drugs, other medical supplies and cleaning materials. We provided a solar water heating system and a kitchen. The Health Facility Operation and Management Committee Chairperson and Members received management training. We developed Standard Operating Procedures for infectious diseases, hygiene and cleaning, and trained the staff on these. Further, we trained the staff to produce regular data reports, which we upgraded.

These activities completed most of what we set out to achieve in Yamphudin three years ago. We now have a package of activities ready to roll out to our other target wards. In anticipation of this, during 2019 we also updated our original health needs assessment in Lelep ward of Phaktanglung Rural Municipality. We will start work



there in the next few years, with an emphasis on still protecting progress at Yamphudin.

Financial review

In the financial year to 31 December 2019, the Trust recorded total receipts of £147k (2018: £214k), and total payments of £197k (2018: £152k). The Trust closed the year with £271k of funds (£302k as at 31 December 2018).

Whilst our Trust Deed does not specify a specific policy on reserves, the Trustees seek to ensure that the level of reserves held is always sufficient to cover at least one year's worth of future grants.

In 2018, we established a fund in memory of Paul Samuel. 70% of funds raised in 2018 were restricted and have gone towards the rebuild of Laxmi Secondary School in Mamankhe, a remote mountainous village in Northeastern Nepal. In 2019 we restricted all funds raised during the year in Paul's name (being £42k) to ensure sufficient funds are set aside to complete the rebuild. The balance of funds raised are available for the ongoing health and education programmes of the Trust, including the continuing education programme in Mamankhe.

Each year the Trust also receives restricted funds which specifically cover the costs of our annual Royal Geographic Society lecture, and any trustee expenses. Donors from the general public therefore know that, other than some minor and unavoidable administration costs (under 2% of funds raised), their incremental donations go directly to helping the mountain people of Nepal. In 2019 this amounted to £5k.

Covid-19

Since year end the global Covid-19 pandemic has impacted our work in Nepal. We have remained in close contact with local teams and whilst certain elements of our work has inevitably been placed on hold, we have been able to provide help in other areas, for example with the emergency provision of PPE and related supplies, and guidance on hygiene, cleaning and infectious disease control, to our health posts. Whilst we are cognisant of the changed funding environment, we are grateful to our donors who have continued to provide a source of funds for our important ongoing work.



Receipts and payments accounts

For the period from	01-Jan-19	To	31-Dec-19
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Section A Receipts and payments

To the nearest £	Unrestricted funds	Restricted funds	Total funds Year ended 31 Dec 2019	Last year Year ended 31 Dec 2018
Receipts				
Donations	80,633	42,362	122,995	173,674
Fund Raising Events income	12,384		12,384	12,920
Tax Recovery	545	5,425	5,970	2,045
Investment Income			-	8
Legacies	5,403		5,403	25,000
			-	-
			-	-
Sub total	98,965	47,787	146,752	213,647
Payments				
Mamankhe		88,800	88,800	33,943
Himalayan Trust Nepal			-	5,000
LSERR			-	2,200
Lelep Training	92,200		92,200	78,800
Action Nepal/ & Villager Needs	6,400		6,400	19,300
Other grants and consultancy fees			-	-
Scholarships	2,000		2,000	-
Fundraising Events Costs		4,651	4,651	7,731
Administration expenses	2,028	509	2,537	5,044
Sub total	102,628	93,960	196,588	152,018
Excess of receipts over payments for the year	- 3,663	- 46,173	- 49,836	61,629
Increase/(decrease) in value of investments	18,157	-	18,157	- 11,302
Increase/(decrease) in funds for the year	14,494	- 46,173	- 31,679	50,327
Funds at 1 January	245,368	56,893	302,261	251,934
Funds at 31 December	259,862	10,720	270,582	302,261

Section B Statement of assets and liabilities at the end of the period

To the nearest £		Unrestricted funds	Restricted funds	Total (31 Dec 2019)	Total (31 Dec 2018)
Cash funds	Cash at bank	109,387	10,720	120,107	169,944
	Total cash funds	109,387	10,720	120,107	169,944
Investment assets (at fair value)	Cash	40,154	-	40,154	2,862
	Unit Trusts	44,465	-	44,465	38,045
	Equities	65,856	-	65,856	91,410
			-		
	Total investment assets	150,475	-	150,475	132,317
Total Assets		259,862	10,720	270,582	302,261

Basis of preparation

The Trust prepares receipts and payments accounts on a cash basis, except that investment assets are held at fair value. Dividends received during the year are reinvested in the investment portfolio and included within 'increase/(decrease) in value of investments'. Short term cash held as part of the investment portfolio is also shown within investment assets.

Restricted income includes a donation of £5,160 from Blueberry Hill Trust which specifically covers Trustee expenses and the costs of Trust's annual Royal Geographic Society fundraising lecture, such that donors can be confident their donations are helping the people of Nepal directly. The balance of restricted income, and therefore closing restricted funds, relate to the Paul Samuel memorial fund which is being used to fund the rebuild of the Laxmi Secondary School in Mamankhe.

Signature

Print Name

Kate Wolstenholme

Date of approval

30-Oct-20



Section A Independent Examiner's Report

Report to the trustees/ members of Himalayan Trust UK

On accounts for the year ended 31 December 2019 **Charity no (if any)** 1000153

Set out on pages Attached (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2019.

Responsibilities and basis of report As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

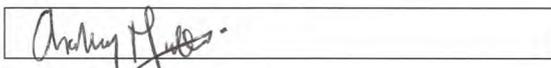
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- the accounts do not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:  **Date:** 30 October 2020

Name: Charles Mirrington

Relevant professional qualification(s) or body (if any): Chartered Accountant, Institute of Chartered Accountants in England and Wales

Address: 16 West Way, Petts Wood, Kent, BR5 1LW

Section B Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

